



## Zawpi Vâtâh Hriaparaohpa Hmahsien

## Paduana Paryhpathina raihriazy châta zi awpa dâh tlâhpipazy



### 1. Palopasana pyureih pachyhmah

Pachhuahpanohpa rai zy hria papua tita mo hropa nata vailh zy patypam theipa palohpasapa pyureih achyh thei chai awpa ta tao awpa.

### 2. Lei pahâhpazy pahlei leipa ta pabohsa awpa

Kheihawhpaz su zy, a eihrâh viapa ta tlâhzy li ata cha lei pahâhpazy pahlei lei nawpa ta, sihna nata sibiepa hawhpaz loh awpa. Paduana raihria zy, thlie chhieliena hawhpaz pachhuahpanohna rai zy cha châhvâ daihti ta hria awpa. Ti sien nata ti lâpi zy apha kawpa ta tao awpa. Chhutla tupa zy liata cha bawrâ nata thokua zy hawhpaz phaw awpa.

### 3. Ziza pualeipa

Paduana raihria zy vâta, ziza pa pualei lei awpa, buchadoh zy, leisadizy ta ziza a papua palei lei nawpa ta ti hry awpa, sime zy hawhpaz hmodâh zy cha âsie kawpa ta chhiehr ha awpa.



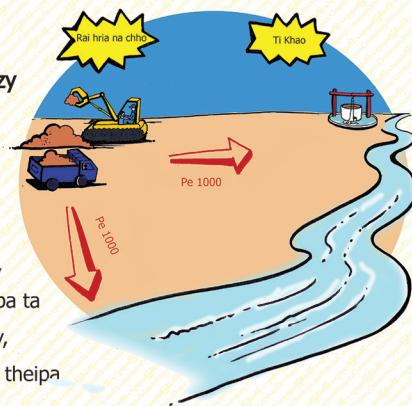
### 6. Hnatlâna nata abohna

Hnatlâna nata raihriana liata apiepasina tawhta aboh nawpa ta paryh chhielie ha awpa, raihriatuhpazy availhna hmodâh nata chhaichhi zy hmâ awpa, raihriana su zy chha chhôkhâh ha awpa.



### 4. Tihnawh nata ti puanazy parao lei awpa

Paduana raihriazy vâta ti dopa nata hmâpa tihnawh nata ti puanazy parao lei awpa, papua palei lei awpa, ti lona lâpi pa nano lei nawpa ta asosi awpa abyuh. Iepazôzy, apualeipazy, châmai h châ theipa hmodâhzy ti lâ thy lei awpa.



### 5. Apualeipazy

Raihriana tawhta a vaw puapa apualeipazy cha thy chakhy lei awpa. Apualeipazy cha chavah, vatie, tikhaohzy tawhta achyh chai meter 300 â hlapa liata paso awpa. Khaw sathawzy hmâpa a châ khiah keitipa nata khaw lia hmâpa sathawh âhlaopa chysiazy, meitipa nata hmâ chiehpa meiti hawhpaz sathaw zy cha yzie hnei kawpa ta thy awpa.



### 7. Tao lei awpa hmo hropazy

Raihriana liata maophaochna a hneipazy, raihriatuhpazy ta ama raihriana chheipâh zy liata thokô thlupa zy, chichheipa paraona zy, râhkhiena zy, sahroh nata thokô zy pachôna zy tao lei awpa ta a sohsi awpa.

**“Khihsaw zawpi hmahsien lâ ta”**